



Dear Field Hockey Players, Coaches and Parents,

A fun and passionate coaching staff is looking forward to assisting you in your development as a field hockey player and as a team in 2018. I would like to inform you about the following 'Hockey Fun' events that we (IMPACT Sports and Health Inc. and I) will be providing for you and your teams this spring and summer. The goal of each event is to promote and develop the game of field hockey and to assist all those involved with more information through interactions, demonstrations, dialogue, video footage and sharing experiences.

Enclosed is a snapshot of our spring and summer events, all run by myself and my UD coaching staff. The high-quality spring clinics and training sessions will take place at Rullo Stadium at the University of Delaware in Newark, DE. Our successful *The Next Level* (overnight or day) camps will take place at Rullo Stadium and Frazer Field. And our quality *WHISE Guys* (day) camp takes place "in your area" at a field turf at general locations. We will also be hosting a *FREE Coaches' Clinic* at the Kingston PA WHISE Guys camp site.

We hope to welcome you at one or a couple of our 'Hockey Fun' camps and/or clinics in 2018. Please note: our events tend to fill up quickly. So, do not wait too long or you and your team may miss out on great hockey development opportunities in a friendly learning setting. Feel free to contact myself or my wife, Mary, for any questions you may have. We are here to assist you with your future *Hockey Fun*.

Yours in Field Hockey,

**Rolf van de Kerkhof**

*Hockey Fun* Director, IMPACT Sports & Health Inc.

University of Delaware Head Coach Field Hockey

*NCAA D1 Champions 2016*

*CAA Champions 2013, 2014, 2015, 2016, 2017*

*NCAA D1 National Coach of the Year 2016; NFCA Regional Coach of the Year 2009, 2013 & 2016*

Websites: [www.fieldhockeyfun.net](http://www.fieldhockeyfun.net)

Email: [info@fieldhockeyfun.net](mailto:info@fieldhockeyfun.net)

Hockey Fun phone (Mary): 734-678-5726

**COACHES' CLINIC @ Wyoming Seminary – July 15<sup>th</sup> (free-of-charge)**

All high school and club coaches are invited to join others to learn and share more about field hockey and in particular the coaching aspects of 'Speed of Play' (1. Speed of skill execution, 2. Speed of decision making, and 3. Physical strength/speed) and 'Winning Goalkeeping'. The Coaches Clinic will take place at Wyoming Seminary in Kingston, PA on Sunday July 15<sup>th</sup> from 10:00am–4:00pm. Interested in receiving more information on this event and the opportunity to register, email [kerkhof@udel.edu](mailto:kerkhof@udel.edu) and you will be added to our 2018 Hockey Fun Coaches Clinic group. You can also call Rolf van de Kerkhof at 302-319-1363 with questions or for more information.

**[www.fieldhockeyfun.net](http://www.fieldhockeyfun.net)**

*Hockey Fun* Field Hockey Camps, presented by IMPACT Sports & Health Inc., is neither run nor operated by the University of Delaware



For more information and to register go to  
[www.fieldhockeyfun.net](http://www.fieldhockeyfun.net)



## SPRING CLINICS

### Friday Nights – Train & Play Series @UD

Eight Fridays: March **23, 30**; April **13, 20, 27**; May **4, 11, 18**

**U14 & GK (all ages): 6:00 – 7:30pm**

**U16 & U19: 7:30 – 9:00pm**

- Technical & Tactical basic skill development.
- Goalkeeping-specific coaching at 6pm session; GKs also welcome for 7:30 session.
- Includes 70% development instruction, 30% games

FN-T&P March & April (5 sessions) Fee: \$150 per player

FN-T&P May (3 sessions) Fee: \$100 per player

FN-T&P Single Session Fee: \$45 per player per session

### Hockey Fun Academy @UD

Four Saturdays: March **17, 31**, April **14, 21** **2:30pm – 5:30pm**

Four Sundays: April **29**, May **13, 20, 27**

- Open U19, U16 & U14 age groups / 5<sup>th</sup>–12<sup>th</sup> grades.
- For the field player & goalkeeper with a desire to improve her/his hockey technical, tactical and physical speeds.
- Instruction includes creating awareness and providing tools to improve speed of skill execution, speed of decision making and physical speed (agilities & footwork).

Hockey Academy Saturdays (4 sessions) Fee: \$295 per player

Hockey Academy Sundays (4 sessions) Fee: \$295 per player

Hockey Academy Single Session Fee: \$125 per player per day

### Hockey Action! Goalkeeping & Scoring @UD

Three Sundays: May **13, 20, 27** **10:00am – 12:30pm**

- Open to advanced & elite players 8–12<sup>th</sup> grade (boys & girls)
- Specific scoring and goalkeeping coaching.

Hockey Action! Series (3 sessions) Fee: \$225 per player

Hockey Action! Single Session Fee: \$125 per player per day

### Introduction to Hockey – Pee Wee Hockey @UD

Four Sundays: April **29**, May **13, 20, 27** **1:00pm – 2:00pm**

- Open to K – 5<sup>th</sup> grade (boys & girls).
- Learn the basics of field hockey in a fun and friendly environment.

PeeWee Series Fee (4 sessions): \$55 per player

PeeWee Single Session Fee: \$20 per player per day

All Hockey Fun coaching sessions provide specific goalkeeping coaching



[fieldhockeyfun.net](http://fieldhockeyfun.net)

## NEW: NEXT LEVEL TRAINING WEEKEND

### Experience & Learn about the ‘Next Level’ @UD

Two-day Training Weekend: **March 24 – 25**

Sat 3/24: **10:30am – 9:00pm**

Sun 3/25: **8:30am – 3:30pm**

- Open to advanced & elite players 9<sup>th</sup>–12<sup>th</sup> grade (girls only).
- Includes coaching, video and educational sessions by college coaches, sports nutritionists, sport psychologists and strength & conditioning staff.

Next Level Training Weekend Fee (2 day)\*: \$275 per player

\* Dining included (lunch & dinner 3/24 and lunch 3/25).

Housing is **not** included. Preferred Hotel booking at UD

Courtyard Marriott – contact *Hockey Fun* for hotel info.

## SUMMER CAMPS

### The Next Level Camp @ UD

Three Sessions

**#1 Blue: July 11 – 13** (Wed–Fri / 3-Day)

**#2 Orange: July 19 – 22** (Thurs–Sun / 4-Day)

**#3 Green: July 23 – 26** (Mon–Thurs / 4-Day)

- For teams and individuals
- TNL **Blue & Green**: Open to rising 6<sup>th</sup> grade – college fr.
- TNL **Orange**: Open to rising 8<sup>th</sup> graders – college fr.
- Great for preseason player and team preparation.
- Curriculum and coaches will challenge each player / team to improve their hockey in a learning friendly environment.

TNL Camp Fees & Total Registration Costs (includes camp fee plus housing, dining & transportation packages):

**Blue (3 Day) Camp Fee: \$355 per player**

· Commuter/Day-Camper: \$455 (Early Bird: \$425)

· Resident/Overnight-Camper: \$525 (Early Bird: \$495)

**Orange & Green (4 Day) Camp Fee: \$375 per player**

· Commuter/Day-Camper: \$545 (\$515 Early Bird)

· Overnight-Camper UD Laird Campus: \$595 (Early Bd: \$565)

· Overnight-Camper Embassy Suites: \$635 (Early Bd: \$605)

### WHISE GUYS Day Camps @ select Locations

Why Hockey Is So Exciting will be at the following locations:

• **June 29 – July 1** in **Pocomoke (MD)** (Fri–Sun/3-Day)

• **July 14 – 16** in **Kingston (PA)** (Sat–Mon/3-Day)

• **July 28 – 30** in **Wilmington (DE)** (Sat–Mon/3-Day)

- Day Camp Times: **9:00am – 4:00pm**
- All camps are open to rising 6<sup>th</sup> grade – college fr.
- Great for preseason preparation (player and team).
- Curriculum and coaches will challenge each player / team to improve their hockey in a learning friendly environment.

Whise Guys Clinic Fee: 3–Day Camp Fee: \$325 per player

Per NCAA regulations, all *Hockey Fun* camps, clinics & competitions are open to any and all players (limited only by number & grade/age)