



Hockey Fun Spring Clinics & Competitions

Sundays: March 15, 29, April 12, 26 (@UD)

Hockey Fun Development Series
Hockey Speeds Series
Introduction to Hockey – Pee Wee Hockey

Saturday, April 25 (@ CA)

Saturday Night Hockey Fever 8v8

Saturday, May 9 (@ UD)

Hockey Fun Fest U16 & U19 8v8 Tournaments
National Stroke & Shoot Out Championships

Delaware Field Hockey Summer Camps

The Next Level Camp

#1-Blue: July 11-14

#2-Yellow: July 23-26

Shoot & Save/Preseason Prep Team Camp

#1-Orange: July 15-18

#2-Green: July 27-30

The Leader in Me - Personal & Player Development

July 27-30

Note: Events offered to you by IMPACT Sports & Health Inc and hosted on the campus of the University of Delaware (UD) in Newark DE and Caravel Academy (CA) in Bear, DE.

IMPACT SPORTS & HEALTH INC.

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www.fieldhockeyfun.net

Hockey Fun



DELAWARE FIELD HOCKEY
fieldhockeyfun.net

EXCITING & FUN FIELD HOCKEY DIRECTED BY ROLF VAN DE KERKHOFF AND HIS GREAT DOMESTIC AND INTERNATIONAL STAFF

IMPACT SPORTS & HEALTH presents...



HOCKEY FUN

Field Hockey Camps, Clinics & Competitions

www.fieldhockeyfun.net

302-379-1773

Dear Field Hockey Players, Coaches and Parents,

A fun and passionate coaching staff is looking forward to assisting you in your development as a field hockey player or as a team in 2015. I would like to inform you about the following 'Hockey Fun' events that IMPACT Sports & Health Inc. and I will be providing for you and your teams this upcoming spring and summer. Most of these high quality and exciting events will take place at Rullo Stadium at the University of Delaware in Newark, DE. The goal of each event is to promote and develop the game of field hockey and to assist all those involved with more information through interactions, demonstrations, dialogue, video footage and sharing experiences.

We hope to welcome you at one or a couple of our 'Hockey Fun' camps and/or clinics, and our new competitions, in 2015. Please note: this past summer many events filled up quickly and two camp sessions were filled to capacity. So, do not wait too long or you and your team may miss out on great hockey development opportunities in a friendly learning setting. Feel free to call the Delaware Field Hockey Camp & Clinics office for inquiries and questions you may have. We are here to assist you with your future Hockey Fun.

Yours in field hockey,

Rolf van de Kerkhof

IMPACT Sports & Health Inc. - Delaware Field Hockey Clinic & Camp Director

Big Ten Conference Coach of the Year 2009, Colonial Athletic Association Coach of the Year 2013, NFCA Regional Coach of the Year 2009 & 2013

Websites: www.fieldhockeyfun.net Email: info@fieldhockeyfun.net and the Hockey Fun phone: 302-379-1773

Hockey Fun Development Series

- Four Sundays @ UD: **March 15, 29, April 12, 26 10:00am – 3:00pm**
- Open to 8th - 12th graders (all levels) & incoming college players.
- For the motivated field player & goalkeeper (potential addition or alternative to US Field Hockey Futures Program).
- Includes 4 hours of advanced hockey instruction *and* guest speakers in the areas of sports nutrition, sports psychology and goal setting.
- Development Series Fee (4 sessions): \$275 per participant.
- Individual Session Fee: \$75 per participant.

Hockey Speeds Series

- Four Sundays @ UD: **March 15, 29, April 12, 26 3:30pm – 6:30pm**
- Open to 8th - 12th graders (at least 2yrs. experience preferred) & incoming college players.
- For the field player & goalkeeper with a desire to improve their hockey technical, tactical and physical speeds.
- Instruction includes creating awareness and providing tools to improve speed of skill execution, decision making and physical speed (agilities & footwork). Want to become better? Build your *speed*!
- Hockey Speeds Series Fee (4 sessions): \$250 per participant.
- Individual Session Fee: \$75 per participant.

Introduction to Hockey – Pee Wee Hockey

- Three Sundays @ UD: **March 29, April 12, 26 11:45am – 1:00pm**
- Open to K - 5th graders.
- Learn the basics of field hockey in a fun and friendly environment.
- Pee Wee Hockey Fee: \$40 per participant (for all three dates) or \$15 per individual date per participant.

Saturday Night Hockey Fever 8v8 Games (U16 & U19)

- **April 25 @ Caravel Academy, Bear DE: 4:30pm – 8:00pm**
- Open to individuals and teams (max 12 players per team) in U16 & U19 age categories.
- Includes 1 hr. Open Hockey/Skills & Drills and 2 ½ hrs. 8v8 Games.
- Saturday Night Fee: \$30 per participant.

Hockey Fun Fest 8v8 Tournaments (U16 & U19)

- **May 9 @ UD: U16: 9:00am-1:30pm / U19: 2:00pm-6:30pm**
- Open to Club teams in U16 & U19 age categories.
- Includes Shoot Out Championships & Stroke Championships.
- Hockey Fun Fest Fee: \$450 per team (max 12 players per team).

The Next Level Camp

- Two Sessions @ UD:

#1 Blue: July 11-14 (Sat-Tues)

#2 Yellow: July 23-26 (Thurs-Sun)

- Open to 9th – 12th graders and incoming college freshmen.
- For the more advanced and competitive players/teams: training and playing at a higher pace... The Next Level.
- Residence fee: \$560 per participant. Early Bird Special of \$530 when paid *in full* by March 15th 2015. Fee includes all dining, lodging and transportation between field and dorms.
- Commuter fee: \$460 per participant. Fee includes lunch, dinner and transportation between field and dining facility.

Shoot & Save / Preseason Prep Team Camp

- Two Sessions @ UD:

#1 Orange: July 15-18 (Wed-Sat)

#2 Green: July 27-30 (Mon-Thurs)

- Open to 6th – 12th graders and incoming college freshmen.
- Team training, playing, and team building (players can register either with their team or individually; individuals are organized into teams with similar grade and playing levels).
- Residence fee: \$530 per participant. Early Bird Special of \$500 when paid *in full* by March 15th 2015. Fee includes all dining, lodging and transportation between field and dorms.
- Commuter fee: \$430 per participant. Fee includes lunch, dinner and transportation between field and dining facility.

The Leader in Me – Personal & Player Development

- One Session @ UD: **July 27-30 (Mon-Thurs)**
- Open to 10th – 12th graders and incoming college freshmen.
- Combination of hockey practice and play with development of leadership qualities in individual and team capacities, including: personal growth, self-confidence, goal-setting, iterative planning, being true-to-self, and building trusting relationships.
- Residence fee: \$600 per participant. Includes all dining, lodging and transportation between field and dorms. Residence camp only.

**Register for All Events at
www.fieldhockeyfun.net**

Hockey Fun

